

# Patient Care Journey

## Early support



Supporting people from diagnosis

Stable patients  
AKPS 60%+ or Rockwood 2-4

## Living well with illness



Helping patients live well with their illness

Stable/deteriorating patients  
AKPS 60% or Rockwood 4-6+

## Dying well



Supporting patients to have a good death

Deteriorating/unstable/dying patients  
AKPS less than 60% or Rockwood 6-9

Working with other healthcare providers in the area



## Bereavement support



Supporting families and carers with bereavement and loss

People close to the patient who may be struggling with bereavement and loss

### How Rennie Grove Peace reduces hospital admissions

#### In the local community

##### Keeping well

- Early diagnosis advice via our 24/7 Coordination Centre phone support
- Peer connections via our Support Hubs
- Companionship with our Compassionate Neighbours
- Friendly conversation at a Compassionate Café
- Discussions around Advance Care Plans, sharing wishes and planning ahead

#### As Outpatients support

##### Maintaining | Proactive care

- 1:1 Specialist clinics
- Living well with illness classes
- Physiotherapy and therapeutic sessions (e.g. Complementary therapies, high and low intensity exercise classes, creative therapy etc.)
- Frailty, Fatigue and Breathlessness programmes
- Emotional support
- Benefits advice
- Short stay in our Inpatient Unit to manage symptoms

#### At home and in our Inpatient Unit

##### Care at home

- Planned visits
- Unplanned visits
- Virtual ward
- Rapid personalised care service in the last 12 weeks of life
- End of life care

##### Inpatient Unit

- Short stay, followed by discharge
- End of life care



Together we can deliver a **25%** reduction in hospital admissions

#### After-death support

- Group support
- 1:1 support
- Drop-in sessions
- Friendly conversation at a Compassionate Café
- Specialist support for bereaved children
- Companionship with our Compassionate Neighbours

### How Rennie Grove Peace improves patient outcomes

- Patients have improved physical and social wellbeing
- Patients are empowered to maintain their independence and quality of life during illness
- Patients have more time to plan ahead, involving family or those around them, in earlier conversations

- Patients are supported to live well with their illness so they can enjoy a better quality of life
- Patients have a reduced symptom burden (physical, psychological, social and spiritual)
- The burden on carers is eased

- Patients can die in comfort and with dignity, surrounded by the care that is right for them, in the place that they need it
- Patients have a reduced symptom burden (physical, psychological, social and spiritual)
- The burden on carers is eased



### Improved outcomes

- Individuals are supported to manage the emotional and psychological impact of bereavement
- Individuals are supported to ease possible loneliness or isolation as a result of bereavement